## CAPPA Postpartum Doula Training

with The After Baby Lady, Jill Reiter

2 - Day Training May 30th & 31st



Are you looking forward to supporting families after they have a baby? Learn key skills in this Postpartum Doula Training to nurture, educate, and empower mothers and families towards confidence in their new roles.

Participate in this CAPPA-Approved Postpartum Doula Training and help make a real difference in the lives of new families.

## Here is what you will learn:

- \* Scope of your Doula Practice
- \* How to support parents
- \* Breastfeeding support
- \* Baby care techniques
- \* Calming & soothing techniques
- \* Postpartum mood disorders
- \* SIDS/Back to sleep campaigns
- \* Listening and communication skills
- \* Recordkeeping & contracts
- Creating & Marketing your business
- \* Networking solutions

E-mail theafterbabylady@gmail.com to Register!